

Protocol After Possible High Risk COVID-19 Exposure

High Risk Exposure - In order to be considered “high risk” individuals must meet one of the following criteria:

- Living with or caring for a COVID-19 positive person
- Have direct physical contact with a COVID-19 case (e.g. shaking hands)
- Have been coughed or sneezed on by an infected person
- Have been within six feet of a person with COVID-19 within the past 10 days, for a cumulative total of 15 minutes or more over a 24-hour period, starting 2 days before their illness onset or their testing date if no symptoms*.

**Excluding Health Care Workers/Students caring for individuals in an official health care facility using proper PPE*

DO YOU HAVE SYMPTOMS?

YES: Contact your Primary Healthcare Provider and get tested.

Pending Test Result – Stay at home in isolation until test result is received

POSITIVE TEST RESULT:

Individuals will be directed to stay at home in isolation and contact Primary Healthcare Provider

Individuals may return to class/campus:

1. After at least 24 hours of no fever without the use of fever reducing medications (i.e. Tylenol®, Motrin®, etc.)

AND

2. Symptoms have significantly improved

AND

3. It has been at least ten (10) days from the initial start of symptoms for symptomatic positives and ten (10) days from test, for asymptomatic positives. *

NEGATIVE TEST RESULT: Stay at home in quarantine for 10 days from time of last known exposure (Do not leave the house unless absolutely necessary) and self-monitor for symptoms.

Contact your Primary Healthcare Provider if needed.

a. ***If living with COVID-19 positive person, you must stay home:***

i. *while that person is waiting for their test results and while they are in isolation-10 days*

AND

ii. *for an additional 10 days after last exposure to house member, self-monitoring for symptoms -14 days*

NOT TESTED: Stay at home in isolation and follow protocol for Confirmed COVID-19 Case for a minimum of 10 days.

NO: No Symptoms following a Known High-Risk Exposure (direct contact)**

1. Individual must self-quarantine a minimum of 10 days from time of last exposure (Do not leave home unless absolutely necessary) and continue to self-monitor for symptoms for 14 days after last date of exposure.

a. ***If living with COVID-19 positive person, you must stay home:***

i. *while that person is waiting for their test results and while they are in isolation-10 days*

AND

ii. *for 10 days after last exposure to house member; self-monitoring for symptoms - 14 days*

2. If symptoms develop, contact your Primary Healthcare Provider, get tested, and follow YES guide above
3. If still symptom free after 10 days, individual may return to campus, but continue to monitor symptoms for another 4 days.

*In accordance with CDC and Kent County Health Department guidance updated 04/08/2021

**Quarantine is not required for fully vaccinated individuals (Two weeks after final dose), or for those who have had COVID-19 in the last three months.

GRCC Procedures: Individual responded YES to the symptom screening questions or direct contact with a positive person

1. A daily report is provided to the COVID Health Screening Team of those who answered YES to the symptom screening questions.
2. A member of the COVID Health Screening Team calls the individual to follow-up and gathers information (how they are feeling, last time on campus, locations, symptoms, doctor involvement, known exposure, etc.). Individuals will be encouraged to get tested and advised to follow protocol listed above.

IF INDIVIDUAL REPORTS KNOWN EXPOSURE, FOLLOW HIGH RISK EXPOSURE PROTOCOL

IF NOTIFIED OF A POSITIVE TEST RESULT, FOLLOW CONFIRMED COVID CASE PROTOCOL

3. Individuals will be advised to contact their instructor(s)/supervisor and follow normal absence procedures.